



Green Country Psychology

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Green Country Psychology (GCP) is located 10 miles southeast of downtown Tulsa near Broken Arrow which is the largest and fastest growing suburb of Tulsa.

GCP is the professional private practice of Dr. Joseph James and Dr. Timothy Doty who are co-owners and practice full-time. They have 16 years combined experience conducting therapy for families, individuals, and couples. They also specialize in psychological evaluations for a variety of referral questions. The practice receives referrals for clinical psychotherapy and evaluations from hospitals, pediatricians, medical providers, Department of Human Services, Social Security Administration, judges, attorneys, courts, education system and school districts, therapists and treatment agencies, and private individuals. We also receive referrals from St. John Hospital Kidney Transplant Team, and St. John Hospital Bariatric Surgical Team.

An intern or post-doctoral fellow at GCP can expect to be exposed to treatment modalities informed by psychodynamic/psychoanalytic, systemic and family systems, and cognitive-behavioral perspectives. The practice offers treatment for attention-deficit disorder, relationship issues, spirituality, faith integration, mindfulness, LGBT+, geek-friendly therapy. A significant portion of the practice is dedicated to psychological evaluations: forensic, family, and juvenile court, behavioral evaluations for families involved in child protective services, medical pre-surgery evaluations for bariatric and kidney transplantation. They have entered into offering therapy services through tabletop role-playing games such as D&D.

GCP typically evaluates and treats: Neurodevelopmental Disorders such as ID, LD, ADHD, Autism, Neurocognitive Disorders such as TBI, Schizophrenia Spectrum (not often), Bipolar Disorders, Depressive Disorder, Anxiety Disorders, Obsessive-Compulsive Disorders (not as often), Trauma and Stressor Related Disorders, Somatic Disorders (rare), and Disruptive Behavior Disorders.

GCP psychologists that are actively involved in OKPPTC as faculty and supervisors include Timothy Doty, PsyD: Generalist and Forensic Psychologist, and Joseph James, PsyD: Generalist Psychologist. Preferred Treatment Modalities include Psychodynamic, Individual Psychotherapy, Family Psychotherapy, Group Psychotherapy, Psychoeducational Group Therapy.

GCP Adheres to the OKPPTC Capstone model of training, dedicated to moving the intern from foundational knowledge to functional skill.