

SOLUTIONS

Solutions Mental Health
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Located directly off Interstate 44 in an area of Tulsa rich in cultural diversity, the 5300 square foot free standing office housing Solutions Mental Health (SMH) is perfectly poised to serve a heterogeneous clientele.

SMH is a coalition of independent practitioners serving the behavioral health needs of children, adolescents, adults and families. A sliding scale fee is offered to individuals without insurance who are financially unable to pay the full fee. The Solutions Mental Health facility is ADA compliant and boasts a large waiting room (pictured), a separate children's waiting area, nine therapy offices, play therapy room, large conference room, kitchen/staff room, and administrative spaces. Support staff members include an office manager, a receptionist, and an HR/billing coordinator. SMH has a library of up-to-date assessment tools for evaluation of children and adults, as well as computers and office equipment for printing/faxing/data storage.

Psychology Interns at SMH participate in the assessment and treatment of a variety of psychological disorders and diagnoses, including clients with Developmental Disabilities and sexual behavior problems. Additionally, since Tulsa is home to the Dennis R. Neill Equality Center, one of the largest LGBT Centers in the region, opportunities exist for Interns to serve individuals within the LGBT community.

Initially, the intern will shadow assessment (from battery selection to administration, scoring, analysis and results consultation) and treatment interventions. Dr. Trentham operates from a solution focused and cognitive behavioral framework and Dr. Cooper from an existential and humanistic framework. The primary early learning objectives for each Psychology Intern involve the active exploration of their own theoretical orientation and developing their ability to connect theory to evidence-based practice. As the Psychology Intern demonstrates developmentally appropriate competence as a scientist- practitioner in clinical planning and interventions, their caseload will grow and diversify.

Dr. Trentham or Dr. Cooper will provide supervision and oversight of all services provided by interns. Record-keeping is countersigned and monitored for the duration of the internship.

SMH adheres to and follows the OPPTC Internship Capstones. Dr. Trentham and Dr. Cooper, with support from the SMH team and collaboration with the OPPTC faculty, are committed to guiding interns from foundational knowledge to functional competencies, readying them to enter the field.