



PSYCHOLOGY SPECIALISTS
Of OKLAHOMA

Psychology Specialists of Oklahoma

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The offices for Psychology Specialists of Oklahoma (PSO) are centrally located in the State of Oklahoma, minutes north of downtown Oklahoma City.

PSO was established in 2006. The facilities include 7,500 square feet of office space, which is ADA compliant. The space is comprised of 24 offices for psychologists, post-doctoral fellows, and interns/trainees with bathrooms, kitchen area, and large waiting room.

Dr. Steve Sternlof, the founder and managing member of PSO, is a Licensed Health Service Psychologist and on-site full-time. PSO includes six other Licensed Health Service Psychologists. Support staff members include a Director of Practice Management, Office Manager, Billing Coordinator, and two Patient Services Assistants.

Interns at PSO gain vast experience in psychological and neuropsychological testing and assessment. PSO conducts comprehensive psychological and neuropsychological evaluations with children, adolescents, adults, and geriatric populations for a wide range of mental health concerns, including autism, attention deficit disorders, mood disorders, and memory/neurocognitive disorders. The intern may also have opportunities to gain experience with inpatient psychiatric assessment, as well as forensic psychology evaluations. The intern may also participate in military consultation assessments.

Dr. Sternlof maintains competencies in a wide range of psychological diagnostic evaluation methods. Interns have the opportunity to provide services to patients of all age ranges (from 3 years old to 90+ years old). Learning objectives for the intern include experience conducting intake interviews, administering a variety of psychological tests, scoring and interpreting findings, writing psychological evaluation reports, and providing feedback to the patient. This is initially done by shadowing, progressing toward taking a lead role with supervision. Record-keeping is countersigned and monitored for the duration of the internship. Regular individual supervision is maintained.

PSO adheres to the OKPPTC Internship Capstones. Dr. Sternlof and his team at PSO, in collaboration with the OKPPTC faculty, are committed to training, teaching, and supporting the intern from foundational knowledge to functional experiences in order to gain competency for practice within psychology.